

**Saturday 12<sup>th</sup> May**

**LA Revolution Get-together**

**At The Park Centre Café (full bar available)**

**6pm – 9pm**

**Come along for a drink and chat to all the people you're usually sweating with!!**



**Saturday 12<sup>th</sup> May**

**The Dragon Ride**

**Pru and Rhian are doing a Charity Fundraising Spin Class for Macmillan**

**11:00 – 12:30**

**£8 per person**

**Book via LA Revolution website or app**

