

# LA Revolution Spinning® Playlist

Instructor: Les

Ride Title: Superspin 10 Ride1 Morocco to Sudan

First Ride: November 2014



Track	Artist	Profile	BPM
World is Africa	Black Uhuru	Flat	86
Didi	Khaled	Flat	99
Savannah Winds (Optical Dub Mix)	Chimwala	Desert	90
Paradise	Kafara	Sand dunes	142
A Dub for Mali (mixed by Thievery Corporation)	Afrolicious	Mali	104
Bade Malou (Second Sky & Thomas Blondet Remix) (Remixed by Thievery Corporation)	Afrolicious	Bush	118
Umqombothi	Yvonne Chaka Chaka	West Africa	105
Dibou Kou Lambe	Toure Kunda	West Africa	130
Ugandan Music	Unkown Artist	Uganda	106
Lion Inna Jungle	The Naturalites	Mountain	143
Zouk Music	Unkown Artist	Jungle	110
Shadow World	Jorge Bassini	Sand dunes	128
Audiomatique (Afro Beat Mix)	Pepe Sitra	Desert	120